Innovate

Week Commencing; 31/03/25, 21/04/25, 12/05/25, 02/06/25, 23/06/25, 14/07/25

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS

VEGETARIAN MAIN MEALS

MONDAY

Lemon & Herb Piri Piri Chicken with Spicy Rice

TUESDAY

Mexican Style Beef Lasagne, Garden Salad & Homemade Garlic Bread

WEDNESDAY

Lemon & Thyme Roast Chicken, Crisp Roasties, Seasonal Vegetables & House Gravv

THURSDAY

Chicken Tikka Masala with Pilau Rice & Coriander Salad

FRIDAY

Chip Shop "Fryday" Fish, Pizza or Fishcake & Chips with Peas & Tartare Sauce

MONDAY

Piri Piri Quorn, Macho Peas and Spicy Rice (VE)

TUESDAY

Vegetable & Mixed Bean Lasagne, Garden Salad & Homemade Garlic Bread (V)

WEDNESDAY

Roasted Squash & Feta Pie, Seasonal Vegetables or Salad (V)

THURSDAY

Crunchy Topped Macaroni Cheese, House Salad or Seasonal Vegetables (V)

FRIDAY

BBQ Bean Burger with Garden Peas & Chips (VE)

DESSERTS

MONDAY TUESDAY WEDNESDAY THURSDAY

Spiced
Pineapple Cake
with Vanilla
Sauce

Apple Strudel & Custard

Chocolate Sponge & Chocolate Sauce Cookie Dough Fruit Crumble

Fruit, Jelly & Yoghurt Pots

FRIDAY

Fruit and Jelly Pots Available Daily

HOMEMADE SOUP & FRESHLY BAKED BREAD Available Daily

JACKET POTATOES

Topped with a Choice of: Cheese,

Tuna or Beans Available Daily







Switch up your flavours with our street food-inspired range, available **Tuesday to Thursday**.

With weekly rotating choices, there's always something tasty.

Choose a base, add protein, and top it your way!

Visit the restaurant to check out what's on offer each week

MATURally

MONDAY

Pakistani Tarka

Dhal

(VE)

TUESDAY

Vegan Singapore

Noodles

(VE)

WEDNESDAY

Vegan Ramen Bowl (VE) The Big Plant Burger

(VE)

THURSDAY

Garlic & Chilli Noodles (VE)

FRIDAY

TRATTORIA'

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

AY FRIDAY

Tomato & Basil Pasta Pasta in a Cheese Sauce Margherita or Pepperoni Pizza Creamy Pesto Pasta Margherita Pizza

Week Commencing; 07/04/25, 28/04/25, 19/05/25, 09/06/25, 30/06/25, 21/07/25

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS

VEGETARIAN MAIN MEALS

MONDAY

Beef & Tomato Ragout with Wholegrain Pasta

TUESDAY

Chicken & Tomato Pasta Bake Served with House salad

WEDNESDAY

Hand Carved Roast British Turkey, Crisp Roasties, Seasonal Vegetables, & House Gravy

THURSDAY

Sweet & Sour Chicken with Fried Rice

FRIDAY

Chip Shop "Fryday" Fish, Pizza or Fishcake & Chips with Peas & Tartare Sauce

MONDAY

Vegan Sausage & Bean Casserole (VE)

TUESDAY

No Waste Cauliflower Cheese Pasta Bake (\vee)

WEDNESDAY

Cheese. Leek and Potato Pie (V)

THURSDAY

Chinese Vegetable Stir-Fry (VE)

FRIDAY

Vegan Quorn & Ranch Slaw Burger Served with Chips & Peas (VE)

DESSERTS

MONDAY **TUESDAY** WEDNESDAY **THURSDAY FRIDAY**

Dutch Apple Cake

Warm Blueberry Sponge

Apple & Mixed Berry Crumble with Vanilla Sauce

Banana Pudding with Custard

Fruit, Jelly & yoghurt Pots

Fruit and Jelly Pots Available Daily

HOMEMADE SOUP & FRESHLY BAKED BREAD **Available Daily**

JACKET POTATOES Topped with a Choice of: Cheese, **Tuna or Beans Available Daily**







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MONDAY

Buffalo

Cauliflower Wings

with Salt &

Pepper Wedges

(VE)

TUESDAY

Vegan Singapore

Noodles

(VE)

WEDNESDAY

Singapore Fried Rice (VE)

THURSDAY The Big Plant

Burger

(VE)

Garlic & Chilli Noodles (VE)

FRIDAY

Tomato & Basil

Pasta

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Creamy Pesto Pasta

Margherita Pizza

MONDAY

Pasta in Cheese Sauce

Margherita or Pepperoni Pizza



Week Commencing; 14/04/25, 05/05/25, 26/05/25, 16/06/25, 07/07/25

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS

VEGETARIAN MAIN MEALS

MONDAY

Kung Pao Chicken, Wholegrain & White Egg Fried Rice

TUESDAY

Mac n Cheese Bolognaise Served with a House Salad

WEDNESDAY

Salt & Pepper Roast Chicken, Crisp Roasties, Seasonal Vegetables & House Gravy

THURSDAY

Chicken Korma with Pilau Rice

FRIDAY

Chip Shop "Fryday" Fish, Pizza or Fishcake & Chips with Peas and Tartare Sauce

MONDAY

Asian Vegetable. Soya Bean & Noodle Stir Fry (VE)

TUESDAY

Plant Based Bolognaise with Wholegrain Pasta & House Salad (VE)

WEDNESDAY

Smashed Butternut Squash Mac and Cheese with Slaw and Garden Salad (V)

THURSDAY

Cauliflower Bhaji Served with Pilau Rice & Minted Yoghurt (V)

FRIDAY

Chickpea, Carrot & Sesame Burger, Asian Slaw, Chips & Peas (V)

DESSERTS

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

Chocolate & Banana Brownie

Oaty Apple Crumble & Custard Sticky Lemon Sponge & Custard Baked Churros with Chocolate Sauce

Fruit, Jelly & Yoghurt Pots

Fruit and Jelly Pots Available Daily

HOMEMADE SOUP & FRESHLY BAKED BREAD Available Daily

JACKET POTATOES

Topped with a Choice of: Cheese,

Tuna or Beans Available Daily







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MONDAY TUESDAY

Fork Friendly Falafel Kebab (V) Vegan Singapore Noodles (V) Spiced Paneer &

Red Onion Naan
(V)

WEDNESDAY

THURSDAY

Onion Bhaji Skewer with Bombay Potatoes (VE) Garlic & Chilli Noodles (VE)

FRIDAY

TRATTORIA MANAGEMENT

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Tomato & Basil Pasta Pasta in a Cheese Sauce Margherita or Pepperoni Pizza Creamy Pesto Pasta Margherita Pizza



Guly £2.50



Add SUMac Slaw *OPTIONAL



Harissa Rice



chicken shawarma

ADD IT!







coriander falafel

TOP IT!

garlic & mint yoghurt, sweet Chilli or Sticky Mango sauce

















GulY £2.50

CHOOSE IT!

ADD IT!

TOP IT!

WRAP
OR
Harissa
Spiced Rice

chicken Shawarma

OR

Chickpea & coriander Falapel

OR

Harissa grilled Cheese & Veggie Kebab Garlic & Mint Yoghurt

OR

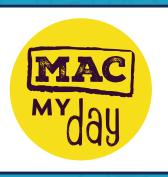
SWeet Chilli

OR

Sticky Mango Sauce

SUMAC SIAW *OPTIONAL





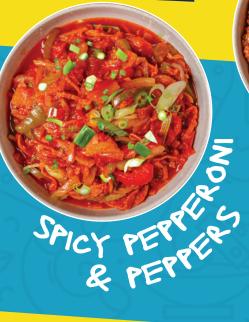
Qu(Y £2.50

CHOOSE IT!





ADD IT!



SALLY 'NON' CAPE

TOP IT!

BBQ SAUCE, PESTO OR HOT PERI PERI SAUCE





GulY £2.50

CHOOSE IT!

ADD IT!

TOP IT!

MAC 'N'
CHEESE
VEGGIE
OR
VEGAN

BBQ
CHICKEN

OR
SPICY
PEPPERONI
& PEPPERS

OR
CHILLI NON
CARNE

BBQ SAUCE
OR
PESTO
OR
HOT
PERI PERI
SAUCE





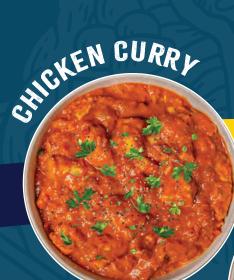
galy £2.50

BAKED



SWEEZ

CHOOSE IT!



ADD IT!





LOAD IT!

CHEESE, **JALAPEŇOS OR** CRUSHED NACHOS

TOP IT!

BBQ SAUCE, HOT SAUCE OR GARLIC YOGHURT DRESSING





GulY £2.50

CHOOSE IT!

ADD IT!

LOAD IT!

BAKED SPUD OR SWEET POTATO CHICKEN
CURRY
OR
SAUSAGE
& BBQ
BEAN
OR
CHILLI
'NON'
CARNE

CHEESE
OR
CRUSHED
NACHOS
OR
JALAPEŇOS

TOP IT!

BBQ SAUCE
OR
GARLIC YOGHURT
DRESSING
OR
HOT SAUCE

